



Next WCAS Event: June 21, 2025

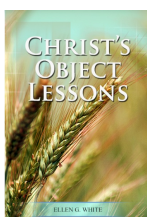
Event Information TBD!

Hello Brenda,

WCAS MISSION STATEMENT

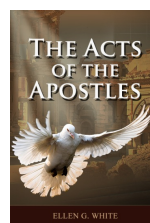
JUNE 2025 NEWSLETTER

“We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history.” (Testimonies, Vol. 9, page 10)



COL-Chapter 29-*To Meet the Bridegroom*

Christ with His disciples is seated upon the Mount of Olives. The sun has set behind the mountains, and



Chapter 55—*Transformed by Grace*
AA 557

In the life of the disciple John true sanctification is exemplified. During the years of his close association with

the heavens are curtained with the shades of evening. In full view is a dwelling house lighted up brilliantly as if for some festive scene. The light streams from the openings, and an expectant company wait around, indicating that a marriage procession is soon to appear. In many parts of the East, wedding festivities are held in the evening. The bridegroom goes forth to meet his bride and bring her to his home. By torchlight the bridal party proceed from her father's house to his own, where a feast is provided for the invited guests. In the scene upon which Christ looks, a company are awaiting the appearance of the bridal party, intending to join the procession.

Lingering near the bride's house are ten young women robed in white. Each carries a lighted lamp and a small flagon for oil. All are anxiously

10 min

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Christ, he was often warned and cautioned by the Saviour; and these reproofs he accepted. As the character of the Divine One was manifested to him, John saw his own deficiencies, and was humbled by the revelation. Day by day, in contrast with his own violent spirit, he beheld the tenderness and forbearance of Jesus, and heard His lessons of humility and patience. Day by day his heart was drawn out to Christ, until he lost sight of self in love for his Master. The power and tenderness, the majesty and meekness, the strength and patience, that he saw in the daily life of the Son of God, filled his soul with admiration. He yielded his resentful, ambitious temper to the molding power of Christ, and divine love wrought in him a transformation of character. AA 557.1

In striking contrast to the 11 MIN

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HEALTH NUGGET

FULL BODY DETOX by BARBARA O'NEILL

FULL BODY DETOX: WHAT EACH ORGAN NEEDS

- **Liver** — Beets and dandelion root.
- **Blood** — Garlic and chlorophyll-rich greens (like spinach).
- **Kidneys** — Parsley and watermelon.
- **Lungs** — Peppermint and mullein tea.
- **Gut** — Fermented foods and flaxseeds.
- **Skin** — Green tea and aloe vera juice.
- **Lymphatic System** — Rebounding and lemon water.
- **Colon** — Chia seeds and magnesium-rich foods (like pumpkin seeds).
- **Pancreas** — Blueberries and cinnamon.
- **Heart** — Hawthorn berry and CoQ10-rich foods (like organ meats).
- **Gallbladder** — Artichoke and apple cider vinegar.
- **Brain** — Walnuts and omega-3s (like flax oil or fatty fish).
- **Eyes** — Carrots and bilberry.
- **Thyroid** — Seaweed (iodine-rich) and Brazil nuts (selenium).
- **Muscles** — Magnesium-rich foods and bananas.
- **Joints** — Turmeric and omega-3 fatty acids.

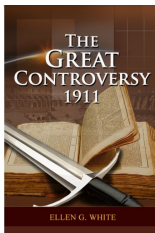
SAVE AND SHARE WITH YOUR FRIENDS AND FAMILY!

Did you know each organ in your body has specific needs to function at its best — and naturally detox itself? Your body is a powerful healing machine, but it needs the right support through real, nutrient-dense foods. From your liver to your brain, each organ plays a vital role in maintaining your energy, immunity, digestion, skin health, and overall well-being. When just one of these systems is overloaded or sluggish, it can affect everything — your mood, hormones, sleep, and even weight.

This guide is your starting point to support full-body detox naturally. Incorporating these foods and herbs into your routine can gently help your body cleanse, heal, and thrive — without extreme detoxes or synthetic supplements.

Barbara O'Neill

Follow: Barbara O'Neill
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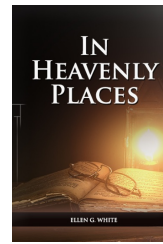


Chapter 37—*The Scriptures a Safeguard*

GC 593

“To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.” Isaiah 8:20. The people of God are directed to the Scriptures as their safeguard against the influence of false teachers and the delusive power of spirits of darkness. Satan employs every possible device to prevent men from obtaining a knowledge of the Bible; for its plain utterances reveal his deceptions. At every revival of God's work the prince of evil is aroused to more intense activity; he is now putting forth his utmost efforts for a final struggle against Christ and His followers. The last great delusion is soon to open before us. Antichrist is to perform his marvelous works in our sight. So closely will the counterfeit resemble the true that it will be impossible to distinguish between them except by the Holy Scriptures. By their testimony every statement and every miracle must be tested. GC 593.1 ... 15 MIN

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God's Test of Loyalty, May 23

IHP 150

The Lord hath avouched thee this day to be his peculiar people, as he hath promised thee, and that thou shouldest keep all his commandments. Deuteronomy 26:18. HP 150.1

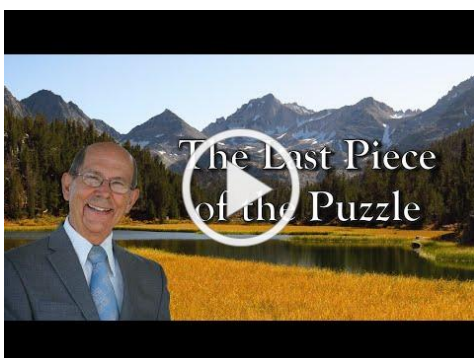
God has a test for us, and if we come up to the standard we shall be a peculiar people. The Sabbath draws a separating line between us and the world, not faintly but in plain, distinct colors. To those who have received the light of this truth the Sabbath is a test; it is not a human requirement, but God's test. It is what will distinguish between those who serve God and those who serve Him not, and upon this point will come the last great conflict between truth and error. All who profess to keep God's law should stand united in the sacred observance of His holy Sabbath.... HP 150.2

When the destroying angel was about to pass through the land of Egypt and ... 3 MIN

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Robert H. Pierson could see our present crisis coming already in 1978: An Earnest Appeal from the Retiring President of the General Conference (presented to Annual Council on October 15, 1978)

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The Last Piece of the Puzzle Dennis Priebe

[VIDEO LINK](#)



Fireproof

VIDEO LINK



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